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# Fun Newsletter

## July 2015

### FORTHCOMING F.UN EVENTS

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#### FRIDAY 17 JULY QUIET NITE AT SPLASHWORLD

Instead of a coach trip to Southport, we'll now be going to  
Splashworld!



Meet us there at 6.15pm for 6.30pm.

Session lasts until 8.30pm.

Booking essential—please call,  
text or email Jill

at the FUN office, 0743 267 6713 Own  
transport required.

#### FRIDAY 21ST AUGUST -

#### SILVER BLADES

#### ICE-RINK, WIDNES

#### PRIVATE SESSION IN THE DINKY RINK & PLAYZONE

The PlayZone is fully accessible for  
children with additional needs and  
offers full disabled access and lift,  
changing facilities and mobile hoist.

The Dinky Rink features multi sensory  
facilities, and children can interact

with various themes displayed on screen and in sound on the ice.

Skates are optional on the Dinky Rink—there are 'Penguin' buggies  
on the ice, and trained staff will be available to help whizz the  
children around the rink. Wheelchairs welcome.



#### SUNDAY

27TH SEPTEMBER 5.00—7.00 p.m.

#### BIG TOP CIRCUS STARR AT VICTORIA PARK

A brand new show and breathtaking acts! Circus Starr prides

itself on creating a  
'relaxed performance'  
environment.

Download the Show &  
Tell app free from the  
app store.

Wheelchair spaces



available.

Booking essential for all trips — please call, text or email the  
FUN office, 0743 267 6713 Own transport required.

All trips £5 per parent/child or £10 per family.

# Saturday F.U.N Club

Fearnhead Community Centre, Insall Rd, Fearnhead  
Drop in session from 10.30 am — 1.30 pm

£2 per family per session. Healthy lunchtime snack for the children, tea and coffee for parents. Children must be accompanied by a parent/carer.

**Next Fun Clubs — 11th & 25th July**

If you would like any further info on F.UN Club activities,  
please call the F.UN Office on 0743 267 6713



**A huge thank you  
to Happy Days  
Charity for  
funding our  
fantastic trip to  
Cadbury World!**



## A NOTE FROM LIZ COWAN....

Hello all at FUN!

You may remember me from as a community physiotherapist in Warrington. I am now working for a private physiotherapy company who were initially based in Bury, but who have recently opened a cost centre in Warrington.

We have a stand at Disability Awareness Day this year, one half for information about us, and the other half set up as a physiotherapy treatment area. We are offering younger children the opportunity to have a complimentary physio session, no strings attached – your members could use this as a chance to get some physio advice, to get a second opinion, or even just as an opportunity to get their child out of their wheelchair and have a play on the mat for half an hour. I would so love to meet some of the families I used to work with. Liz x

Tel: 07921 813893 e. [lizcowan@neurologicalphysio.co.uk](mailto:lizcowan@neurologicalphysio.co.uk)



## Airport Awareness Booklet For Families with Children On The Autistic Spectrum

Travelling through an airport can be stressful for children on the Autistic Spectrum, especially when it's a break in their routine and they are unsure of what to expect. This booklet will take you on the journey through Manchester Airport, using photographs to explain the process you will take. It has been divided into the various stages of your journey through the airport, describing what you will see and hear, from arriving at the airport, going through security and through to returning back home.

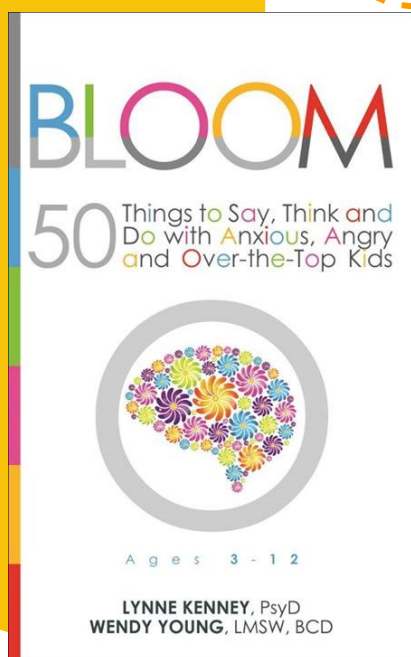
In each section there is a tick box for you to interact and engage with your child in the sights and sounds along your journey through the airport. The accompanying video can be viewed at [www.manchesterairport.co.uk](http://www.manchesterairport.co.uk). There is space at the back of this book for your child to jot down any worries they may have and also a fun zone to fill time when you may be waiting around.

To make it as stress free as possible for you and your child, you can now request a free wristband for your child to wear which entitles the child wearing it, and all accompanying members of the party, to use the fast-track security lanes in each terminal. Simply call or email to request one at least a week before you plan to travel.

**Telephone** 08714 777 747

**E-mail** [customer.relations@manairport.co.uk](mailto:customer.relations@manairport.co.uk)

**Website** [Manchester Airport Awareness](http://ManchesterAirportAwareness)



**Bloom: 50 Things to Say, Think, and Do with Anxious, Angry, and Over-the-Top Kids.**

**Bloom** is a new multimedia book featuring a brain-based approach to parenting all children, written by psychologist & inTime provider [Dr. Lynne Kenney](http://adbn.co/1FbSR55) & Wendy Young, LMSW, BCD. <http://adbn.co/1FbSR55>

# DAD Week 2015

The week leading up to DAD is always full of exciting and interesting events, starting with the popular DAD Launch in Warrington town centre

## Saturday 4th July 10.30am - 4.30pm Launch of DAD 2015

**Old Market Place, Golden Square Warrington Town Centre**

Old Market Place, Golden Square Warrington Town Centre. An Arts Showcase will launch a week of disability related events in the build-up to this year's Big Day. Featuring some of the UK's top disabled artists and friends of DAD. Free Admission – contact DAD Team 01925 240064

## Tuesday 7th July 9.30am - 12.30pm Positive Action Awareness Event

**Walton Hall, Walton Gardens**

Students from schools across the area will attend our annual interactive awareness event aimed at dispelling myths and misconceptions associated to disability and disabled people. Invitation Only - Derek Jones 01925 240064

## 6.15pm – 9.30pm Frogtastic in the Park

Featuring 2 Ace Tribute Acts 'Gary Barlow & Freddie Mercury' and 'Autistic Superstar' Scott James plus full supporting show including guest Frogtastic club night DJ's. Come and join the nationally recognised Frogtastic Team as they bring their multi-award winning Club Night experience outdoors to generate the feel and vibe of a real outdoor festival! The event is aimed at people who have learning disabilities, their families and friends featuring Live Music, Dance Floor and Licenced Bar. (£4.00 in advance or £5.00 at the gate) Advanced & Pre-Reserved Tickets are only £4.00 from The Heroes Project on 0161 872 8787 or contact Janis Williams on 01925 240064

## Wednesday 8th July

### 10.30am – 3.30pm – Ignite Your Life - Mental Health & Wellbeing Workshops & Exhibition

A day of workshops and activities, advice & information from local support services, complimentary therapies, healthy eating, art, crafts and sports. Free Admission - Contact Kathryn Earlam 01925 664450

### 5.30pm - 8.30pm - Party in the Park

**Walton Hall and Gardens**

A partnership of local children and young people's support groups present a fun filled evening for disabled children, disabled young people, their families and friends. Activities include Arts, Dance, Sports, plus chill out and fun areas. Contact Karen Beaton/ Stacey King 01925 240064

### Theatre in the Park – Production 'Taming of the Shrew'

**Arts Marquee, Walton Gardens** for more information contact Gavin Gibbons – Walton Hall Ranger Service 01925 261957

## Thursday 9th July



### 11am – 1pm - Picnic in the Park - Wired Carer's

#### Arts Marquee, Walton Gardens

An afternoon tea with entertainment and raffle. Transport can be arranged free of charge. For further information please contact Wired on 01925 633492.



### 8pm – 10.30pm - Concert in the Park - Wingate's Brass Band

#### Arts Marquee, Walton Gardens

Formerly Wingates Temperance Brass Band - Tickets £10 or (£8.00 before end December). Bring your own food and drink, licenced bar available. For more details and booking tickets contact Janis Williams on 01925 240064

## Friday 10th July

### 7.30pm - 11.30pm DAD Mega BBQ, Quiz & Charity Auction

#### Arts Marquee, Walton Gardens

Teams of up to 8 people, hundreds of £'s worth of prizes, fun quiz, great food, licensed bar and a charity auction. Admission by ticket only £8.00 (includes barbecue). For more details and booking tickets contact Janis Williams on 01925 240064

## Sunday 12th July

### 10am - 5pm The Big Event - Disability Awareness Day

Europe's largest voluntary led disability exhibition. Over 250 exhibitors from voluntary, statutory, private and business organisations with hundreds of ideas for independent living supported by a fun packed day out for all the family.

## Getting There

There is a free bus and a park and ride service available.

### Parking

Car parking at Walton Hall Gardens is limited. Walton Lea Road car park adjacent to the bridge to the park, we have reserved all 300 spaces on the main front tarmac covered section for blue badge holders. There are a further 700 spaces on the grass field over-spill car park at the rear (this can mean a journey of over 700 metres to the event site) a dropping off point is available adjacent to the bridge. Car parking is free for badge holders (standard rates apply to all others). Minibuses and Coaches can park on the overspill car park (commercial rates apply contact Walton Hall Rangers for more details Tel 01925 601617).