



# WARRINGTON WHAT'S ON NEWSLETTER

**Autumn Term 2 2023**

ADDvanced Solutions Community Network encourages, equips and empowers neurodiverse children, young people and their families, those with specific learning difficulties, SEN and Disability, and associated mental health needs. We have a blended offer of face-to-face and online groups, workshops and learning programmes for parent/carers to better understand and support the needs of their child and for the professionals who support them.

## **Community Network Groups**

Each week during term time, we deliver face to face and online, informal, open access workshops on different subjects to support you and your family - pre, during and post-diagnosis. Come along to meet our team and visiting professionals.

[CLICK HERE FOR MORE INFORMATION](#)

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## **Neurodevelopmental Conditions Learning Programme**

A six-session learning opportunity for parents and carers to increase understanding of neurodevelopmental conditions and gain skills and confidence to better support the needs of their child and family.

[CLICK HERE FOR MORE INFORMATION](#)

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## **Family Learning Workshops**

Learning workshops to increase understanding of a range of topics associated with neurodevelopmental conditions. Delivered as online webinars with the opportunity to ask questions in the chat function.

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## **Professionals Neurodevelopmental Conditions Awareness Raising Training**

Funded training for professionals to increase understanding of neurodevelopmental conditions and the impact on children, young people and their families.

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## What is a Community Network Group?

Each week during term time, we deliver informal workshops on different subjects to support you and your family at all stages of your journey - pre, during and post-diagnosis. Our workshops are needs-led, so come along and meet our team and visiting professionals to share learning and experience. See below for further details on our Community Network Group delivery for this half term.

## Warrington Community Network Group

Join us face-to-face at Sandy Lane Children's Centre, 113 Sandy Lane, Orford, WA2 9HY. There's no need to book - please drop in!

When?	What?
<b>Thursday 9th November 2023</b> 12.30pm - 2.30pm	<b>Identifying Problems, Finding Solutions:</b> An open session to come along and discuss any difficulties you may be experiencing with your child or young person and explore strategies to support them.
<b>Thursday 16th November 2023</b> 12.30pm - 2.30pm	<b>ADHD and Rejection Sensitive Dysphoria:</b> Rejection Sensitive Dysphoria is an intense and distressing condition, frequently experienced by young people with ADHD as a result of their perception of failing and letting others down. Please join us as we discuss RSD and strategies to support its impact.
<b>Thursday 23rd November 2023</b> 12.30pm - 2.30pm	<b>Choosing a School:</b> Finding the right school to support our children and young people with neurodevelopmental conditions can feel overwhelming, with so many factors to consider. In this session we will discuss how to approach this, and you will have an opportunity to voice concerns and share ideas with other families.
<b>Thursday 30th November 2023</b> 12.30pm - 2.30pm	<b>Visit from Specialist Speech and Language Therapist:</b> Joining us this week we have the Specialist Speech and Language Therapist, attending to talk about their service and answer any questions you may have to support your child or young person.
<b>Thursday 7th December 2023</b> 12.30pm - 2.30pm	<b>Troubleshooting Homework:</b> Children and young people who are neurodiverse may find completing homework a challenge at home. Join us to identify different learning styles and recognise strategies to support a barrier to learning and possible specific learning difficulty.
<b>Thursday 14th December 2023</b> 12.30pm - 2.30pm	<b>Preparing for Christmas:</b> Christmas can and should be an exciting and fun time for all. For a child or young person with a neurodevelopmental condition such as autism, ADHD and sensory processing difficulties it may be a time of confusion, anxiety, and distress which can leave the whole family stressed, upset and exhausted. Today's session looks at ways we can reduce that stress and support our families at this time.

# Monday All Area Online Community Network Group

To join us online: [please click here to register](#). You only need to register once to join any of the sessions below, please drop into whichever topics you will find helpful.

When?	What?
<b>Monday 6th November 2023</b> 9:30am – 11:00am	<b>SEND Jargon Buster:</b> Feeling confused by educational jargon? In this session we hope to de-mystify the abbreviations and common terms that are used in schools, colleges and other settings.
<b>Monday 13th November 2023</b> 9:30am – 11:00am	<b>Specific Learning Difficulties:</b> This week we will be looking at specific learning difficulties and giving an overview of dyslexia, dysgraphia, dyscalculia and dyspraxia - the four major specific learning difficulties.
<b>Monday 20th November 2023</b> 9:30am – 11:00am	<b>Choosing a School:</b> Finding the right school to support our children and young people with neurodevelopmental conditions can feel overwhelming, with so many factors to consider. In this session we will discuss how to approach this, and you will have an opportunity to voice concerns and share ideas with other families.
<b>Monday 27th November 2023</b> 9:30am – 11:00am	<b>Visit from Transform Lives Company:</b> Join us for this session to hear how Transform Lives Company can help you or your young person into work, as well as maintain wellbeing at work.
<b>Monday 4th December 2023</b> 9:30am – 11:00am	<b>Preparing for Christmas:</b> Christmas can and should be an exciting and fun time for all. For a child or young person with a neurodevelopmental condition such as autism, ADHD and sensory processing difficulties it may be a time of confusion, anxiety, and distress which can leave the whole family stressed, upset and exhausted. Today's session looks at ways we can reduce that stress and support our families at this time.
<b>Monday 11th December 2023</b> 9:30am – 11:00am	<b>Troubleshooting Homework:</b> Children and young people who are neurodiverse may find completing homework a challenge at home. Join us to identify different learning styles and recognise strategies to support a barrier to learning and possible specific learning difficulty.

## Wednesday All Area Online Community Network Group

To join us online: [please click here to register](#). You only need to register once to join any of the sessions below, please drop into whichever topics you will find helpful.

When?	What?
<b>Wednesday 8th November 2023</b> 5:00pm – 6:30pm	<b>Identifying Problems, Finding Solutions:</b> An open session to come along and discuss any difficulties you may be experiencing with your child or young person and explore strategies to support them.
<b>Wednesday 15th November 2023</b> 5:00pm – 6:30pm	<b>Supporting Friendships with Neurodiverse Children and Young People:</b> All of us struggle with building, developing and maintaining friendships at some point in our lives. Individuals with a social communication difficulties may find this more of an issue than others. In this session we will look at how to support our children and young people, to understand their individual needs, nurture their resilience and reduce anxiety around relationships.
<b>Wednesday 22nd November 2023</b> 5:00pm – 6:30pm	<b>Developmental Delay:</b> Developmental delay is a term used when a child is not developing and reaching the milestones typical for their age. We will be looking at the different types of developmental delay, such as speech and language, motor skills, cognitive, and social and emotional difficulties.
<b>Wednesday 29th November 2023</b> 5:00pm – 6:30pm	<b>Understanding Echolalia:</b> In this session we will be discussing echolalia. What it is, and how we can support our children and young people with communication.
<b>Wednesday 6th December 2023</b> 5:00pm – 6:30pm	<b>Preparing for Christmas:</b> Christmas can and should be an exciting and fun time for all. For a child or young person with a neurodevelopmental condition such as autism, ADHD and sensory processing difficulties it may be a time of confusion, anxiety, and distress which can leave the whole family stressed, upset and exhausted. Today's session looks at ways we can reduce that stress and support our families at this time.
<b>Wednesday 13th December 2023</b> 5:00pm – 6:30pm	<b>Music and Neurodiversity:</b> Our children and young people with neurodevelopmental conditions often respond very positively to music. Used effectively, music can support communication and social interaction. Music can be calming, engaging, exciting. Join us as we explore some of the beneficial ways we can incorporate music into our families' lives.

## What is the Neurodevelopmental Conditions Learning Programme?

Our Neurodevelopmental Conditions (ND) Learning Programme provides an opportunity for parents and carers to gain understanding and skills about neurodevelopmental conditions including autism, ADHD and Sensory Processing Difficulties (pre, during and post-diagnosis) with strategies to support the difficulties that may present:

- **Neurodevelopmental conditions/specific learning difficulties and associated mental health difficulties**
- **Autism Spectrum Disorder/Condition (ASD/C)**
- **Attention Deficit Hyperactivity Disorder (ADHD)**
- **Sensory Processing/Integration Difficulties (SPD)**
- **Managing everyday challenges and behaviours associated with NDCs**
- **Your Local Offer, disability welfare rights and special educational needs support including Early Help and Education Health Care Plans**

**ONLINE Neurodevelopmental Conditions Learning Programme will be delivered twice a week over three weeks. [Please click here to register.](#)**

<b>When?</b>	<b>What?</b>
<b>Monday 6th November 2023</b> 6:30pm - 8:30pm	<b>Session 1</b>
<b>Wednesday 8th November 2023</b> 6:30pm - 8:30pm	<b>Session 2</b>
<b>Monday 13th November 2023</b> 6:30pm - 8:30pm	<b>Session 3</b>
<b>Wednesday 15th November 2023</b> 6:30pm - 8:30pm	<b>Session 4</b>
<b>Monday 20th November 2023</b> 6:30pm - 8:30pm	<b>Session 5</b>
<b>Wednesday 22nd November 2023</b> 6:30pm - 8:30pm	<b>Session 6</b>

**Please see over for our face-to-face Neurodevelopmental Conditions Learning Programme**

Join us face-to-face for our Warrington  
 Neurodevelopmental Conditions Learning Programme:  
 To register please contact the office on: 01925 320863  
 Venue: TBC address provided on registration

When?	What?
<b>Wednesday 8th November 2023</b> 9:30am - 2:45pm	<b>Session 1 and 2</b>
<b>Wednesday 15th November 2023</b> 9:30am - 2:45pm	<b>Session 3 and 4</b>
<b>Wednesday 22nd November 2023</b> 9:30am - 2:45pm	<b>Session 5 and 6</b>

## Supporting Children and Young People in Care in Warrington

We are commissioned in Warrington to support, through learning, coaching and mentoring, foster carers, kinship carers supporting professionals including residential children's home staff to better understand and support the needs of neurodiverse children and young people in care or at the edge of care.

**Please contact 01925 320863 to register your interest.**

## What is a Family Learning Workshop?

Our online family learning workshops aim to increase parents and carers understanding of a particular topic around neurodevelopmental conditions and gain strategies to support their child or young person at home and in school. With the opportunity to interact with our team via the chat and Q&A function.

To join us online: Please click the link provided below

When?	What?
<b>Friday 10th November 2023</b> 9:30am - 12:00pm	<b>SEND Processes including EHCP: <a href="#">click here to register!</a></b>

## What is the Professionals Neurodevelopmental Conditions Awareness Raising Training?

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- Understand the differences between ADHD, Autism, and other NDCs
- Recognise the typical behaviours of ADHD, Autism and other NDCs
- Recognise the impact that unsupported and unmanaged characteristics of NDCs can have on an individual and their family
- Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families.

**ADDvanced Solutions Community Network is commissioned to deliver a limited number of Neurodevelopmental Conditions Professional Awareness Raising Training to whole teams. If you are interested in this full day's training, please call the office on 01925 320863 or email [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)**

### **Coffee Mornings/Afternoons**

Our team are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office for further information.





Our online offer is delivered using Zoom for Healthcare. The details we request are kept securely and used in line with our privacy policy: <https://www.addvancedsolutions.co.uk/policies/privacy-policy.html>

If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

## Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: [www.addvancedsolutions.co.uk](http://www.addvancedsolutions.co.uk) under the 'Contact' menu option**, where you will also find links to national organisations that can offer support.

Click [HERE](#)

## GET IN TOUCH



01925 320863



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